



Please no food in our lobby
help us keep our gym clean

TAKING A BREAK SOON?

WITHDRAWAL POLICY

We are a non-contract gym and only require a two-week withdrawal notice. You can submit this through our website or parent portal, and we can easily take care of the withdrawal request for you.

FEES DUE
SESSION #5:
JANUARY 5TH
SESSION #6:
FEBRUARY 2ND



KIND

SESSION #5: JANUARY 5 – JANUARY 29

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 <small>JANUARY</small> 1:4	5 Begin session #5 <small>SKILL HOLLOW BODY</small>	6	7	8	9	10  OPEN GYM Preschool: 8:30am-9:45am School-Age: 10:00am-11:00am
11 2:4	12 <small>SKILL HOLLOW BODY</small>	13	14	15	16	17
18 3:4	19  MLK DAY <small>Come in we are OPEN</small>	20 <small>SKILL V-SEAT</small>	21	22	23	24
25 4:4	26 <small>SKILL V-SEAT</small>	27	28	29	30	31

End session #5

Winter weather updates will
Be emailed and on website

SESSION #6: FEBRUARY 2 – FEBRUARY 26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <small>FEBRUARY</small> 1:4	2  GROUNDHOG DAY	3 <small>SKILL TUCK JUMP</small>	4	5	6	7  OPEN GYM Preschool: 8:30am-9:45am School-Age: 10:00am-11:00am
8 2:4	9 <small>SKILL TUCK JUMP</small>	10	11	12	13	14  PARENT NIGHT OUT Preschool: 5:30pm-6:30pm School-Age: 6:45pm-7:45pm
15 3:4	16  PRESIDENTS DAY <small>Come in we are OPEN</small>	17 <small>SKILL HIGH KNEE</small>	18	19	20	21
22 4:4	23 <small>SKILL HIGH KNEE</small>	24	25	26	27	28

End session #6

DO NOT FORGET YOUR WATER BOTTLE!



FRIENDLY REMINDERS

- If your child or family member has been around someone sick or is coughing, please stay home.
- You can easily reschedule through the **Open Gym** in your Parent Portal or on our website.
- Need help? We're happy to handle it for you at the front desk.
- Thank you for helping keep our gym healthy!

- CLASS GUIDELINES
- Tiny Kids Class → Only ONE adult allowed in the gym. ALL other spectators, please enjoy from the lobby.
- Please keep gym doors closed during class — it helps our athletes stay focused!
- Bring questions or concerns to the front desk or send an email.
- No adults on the equipment — it's just for the kids!
- Thank you for helping us keep classes safe, focused, and fun for all our gymnasts!

GYM REMINDERS

No food in the lobby.

Don't forget your water bottle — students will have hydration breaks.

Please do not open the **Big Red Gym** door, coaches will send students out through the warm-up gym. Remind little ones to watch their toes and walk carefully instead of running to avoid bumps and trips.

WINTER WEATHER

If we must close due to winter weather an email will be sent to all families actively enrolled in classes and our website will be updated to reflect the closure as soon as the decision has been made. Although we do not want to close, we believe safety is of the upmost importance. Thank you and we appreciate your understanding.



If you are looking to register, reschedule a class or have any other inquiries, go to our website or parent portal and register yourself into one of our open gyms or send us a message!